

FOR DATES OF INJURY ON AND AFTER JANUARY 1, 2020

WORKERS' COMPENSATION

WORKERS' COMPENSATION REGIONAL OFFICES

AREAS	LETTERS	BUSINESS	PERUWAS	CARROLL
400 Old County Road, Suite 202 100 Broad Street, Suite 100 1000 Main Street, Suite 100 200 2nd Street, Suite 100 1000-400-0000	300 Mainway 1000 Mainway 1000 Mainway 1000 Mainway 1000-400-0000	1000 Mainway 1000 Mainway 1000 Mainway 1000 Mainway 1000-400-0000	1000 Mainway 1000 Mainway 1000 Mainway 1000 Mainway 1000-400-0000	1000 Mainway 1000 Mainway 1000 Mainway 1000 Mainway 1000-400-0000

Notice to Employees: If you are injured on the job, you should report the injury to your employer as soon as possible. Your employer is required to provide you with a copy of the Maine Workers' Compensation Act and a copy of the Maine Workers' Compensation Board's rules and regulations. You should also be provided with a copy of the Maine Workers' Compensation Board's rules and regulations. If you are injured on the job, you should report the injury to your employer as soon as possible. Your employer is required to provide you with a copy of the Maine Workers' Compensation Act and a copy of the Maine Workers' Compensation Board's rules and regulations. You should also be provided with a copy of the Maine Workers' Compensation Board's rules and regulations.

Maine Workplaces Support Nursing Employees

An employer who is found to have violated this law through a hearing process may face a civil penalty of \$100-\$500 for every violation.

This document is a collaborative effort of the Maine WIC Nutrition Program and the Maine Department of Labor.

<https://www.maine.gov/labor/posters/>

Additional breastfeeding protection in Maine: The Family Medical Leave Act (FMLA) includes special protection for parents who nurse to public.

A parent may breastfeed any healthy child, public or private, who is under the age of 18, in any public or private place. For more information on nursing and pregnancy leave, visit the program website at <https://www.maine.gov/labor/posters/>.

For more information or if you believe that your rights have been violated, contact: Maine Department of Labor, Bureau of Labor Standards, 45 State House Station, Augusta, Maine 04333-0045. TTY: 603-624-7000. Website: www.maine.gov/labor.

Minimum Wage

Workers in the State of Maine are protected by the law. The Maine Department of Labor administers the law, which all employers must follow. Department representatives inspect workplaces to ensure compliance. Citations and penalties may be assessed to employers who do not comply.

Maine Law (Title 26 M.R.S.A. § 42-B) requires every employer to place this poster in the workplace where workers can easily see it.

<https://www.maine.gov/labor/posters/>

Minimum Wage is \$14.15 per hour effective January 1, 2024

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<https://www.maine.gov/labor/posters/>

Maine Employment Security Law

This poster is designed to notify individuals of their rights regarding the filing of claims for unemployment benefits. It does not have the force of official law.

For more information, contact: 1-800-590-7900 toll free.

<https://www.maine.gov/labor/posters/>

Notice Regarding the Administration of the Employment Security Law states every employer should post and maintain this poster in the workplace.

Full- and Part-Time Workers

Employers are required to post and maintain this poster in the workplace. This poster is designed to notify individuals of their rights regarding the filing of claims for unemployment benefits. It does not have the force of official law.

For more information, contact: 1-800-590-7900 toll free.

<https://www.maine.gov/labor/posters/>

Regulation of Employment

Maine Law (Title 26 M.R.S.A. § 42-B) requires every employer to place this poster in the workplace where workers can easily see it.

<https://www.maine.gov/labor/posters/>

Time of Payment: An employer who is found to have violated this law through a hearing process may face a civil penalty of \$100-\$500 for every violation.

Family Medical Leave: The Family Medical Leave Act (FMLA) includes special protection for parents who nurse to public.

Payroll of Wages: An employer who is found to have violated this law through a hearing process may face a civil penalty of \$100-\$500 for every violation.

At-Will Employment - Under Maine law, an at-will employee may be terminated for any reason not specifically prohibited by law. In most instances, you are an at-will employee unless you are covered by a collective bargaining agreement or other contract that limits termination. If you have questions about at-will employment, contact your human resources department or the Bureau of Labor Standards.

Whistleblower's Protection Act

This poster describes some important parts of the law. A copy of the actual law or formal interpretations may be obtained from the Department of Labor, Bureau of Labor Standards by calling 603-624-7000. (The text also appears on the Bureau's website.)

Maine Law (Title 26 M.R.S.A. § 82B) requires every employer to place this poster in the workplace where workers can easily see it.

<https://www.maine.gov/labor/posters/>

Protection of Employees Who Report or Refuse to Commit Illegal Acts: This poster describes some important parts of the law. A copy of the actual law or formal interpretations may be obtained from the Department of Labor, Bureau of Labor Standards by calling 603-624-7000. (The text also appears on the Bureau's website.)

Maine Law (Title 26 M.R.S.A. § 82B) requires every employer to place this poster in the workplace where workers can easily see it.

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Child Labor Laws

This poster is designed to notify individuals of their rights regarding the filing of claims for unemployment benefits. It does not have the force of official law.

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<https://www.maine.gov/labor/posters/>

Child Labor Laws: The State of Maine provides protection for people under the age of 18 in both agricultural and non-agricultural work. The Maine Department of Labor administers the law, which all employers must follow. Department representatives inspect workplaces to ensure compliance. Citations and penalties may be assessed to employers who do not comply.

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Veterans' Benefits & Services

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Veterans' Benefits & Services: The State of Maine provides protection for people under the age of 18 in both agricultural and non-agricultural work. The Maine Department of Labor administers the law, which all employers must follow. Department representatives inspect workplaces to ensure compliance. Citations and penalties may be assessed to employers who do not comply.

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<https://www.maine.gov/labor/posters/>

Video Display Terminals

This poster is designed to notify individuals of their rights regarding the filing of claims for unemployment benefits. It does not have the force of official law.

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<https://www.maine.gov/labor/posters/>

Video Display Terminals (VDT) Law: The State of Maine provides protection for people under the age of 18 in both agricultural and non-agricultural work. The Maine Department of Labor administers the law, which all employers must follow. Department representatives inspect workplaces to ensure compliance. Citations and penalties may be assessed to employers who do not comply.

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THE MAINE HUMAN RIGHTS ACT PROHIBITS SEX DISCRIMINATION

SEXUAL HARASSMENT ON THE JOB IS ILLEGAL

IF YOU FEEL YOU HAVE BEEN DISCRIMINATED AGAINST, CONTACT:

NAME: HANAN RYAN, COMMISSIONER
ADDRESS: 45 STATE HOUSE STATION
AUGUSTA, MAINE 04333-0051
PHONE: 207-624-6200
FAX: 207-624-6200
TTY: MAINE RELAY 1171
WWW: [WWW.MAINE.GOV](http://www.maine.gov)

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Notice to Employers / Employees

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